



CLIPPERS
S W I M M I N G

Northern Kentucky Clippers Swimming, Inc.

21st Mary Lou Mini Championship Meet

Sunday, February 14, 2010

Held under the sanction of United States of America Swimming, Inc.

Ohio Sanction #OH3232

Meet Directors:	Mark Koors, Bill Margroum
Entry Chairperson:	Rita Larkin -Voice Mail 859-342-4000 email - clippers.swimming@clipperswim.org
Facility:	Scott High School, Taylor Mill, KY 5400 Old Taylor Mill Road, Taylor Mill, KY 41015 This meet is NOT held at Silverlake.
Pool:	The facility consists of one 6 -lane course. There is a fully automated touch pad timing system with readout.
Age Groups:	Ages 9 and under.
Type of Meet:	Timed Finals for all age groups. The 9 year old events must be slower than the current National "BB" time standards. A list of Cut Off times is enclosed and will be strictly enforced. This meet is designed to allow the younger swimmer to end the season on a fun and positive note.
Scoring:	This meet will not be scored. This meet highlights the individual swimmer not the team.
Awards:	Participants - All participants in the meet will receive a special award at the ceremony immediately following the last event. Individual - 1 st through 12 th places Relays -1 st through 6 th places
Rules:	Current USA Swimming rules will govern the conduct of the meet. All swimmers, coaches and officials must be registered USA Swimming members. Coaches and Officials must wear their USA Swimming card while on deck. Age on the first day of the meet will determine age group for the meet.
Entry Fees:	\$4.00 per individual event; \$7.00 per relay. \$2.00 per swimmer Ohio LSC charge Entry Fees must accompany entries or be received within four working days for the electronic (email) entries. Please make checks payable to Northern Kentucky Clippers Swimming, Inc. Entries will not be accepted without payment.
Entry Limits & requirements:	<ul style="list-style-type: none">▪ This meet will be limited to 200 swimmers, including Clippers. No teams will be divided. No deck entries or changes will be accepted.▪ Swimmers MUST be entered in 3 individual events to compete in this meet.▪ Swimmers may compete in five individual events, plus one relay.▪ Clippers do not have to meet the minimum # of swim requirement.▪ Deck entries will be accepted based upon availability of space. You must contact Rita Larkin before the meet at clippers.swimming@clipperswim.org to see if we are taking deck entries, however no additional heats will be added. Deck entry fee will be \$5.00 per individual event, plus LSC charge if the swimmer was not already entered in the meet.
Disability Swimmers	Swimmers with disabilities are welcome to enter Ohio swimming meets. Coaches: 1. Enter the swimmers on Hy-Tel or the paper entry form; 2. Provide advance notice of any necessary accommodations; 3. List in the email with the entries (or on paper) the swimmer's name, entry times, strokes/distance, days/sessions, and how the swimmer prefers to be seeded. Swimmers with disability will be seeded with the same age grouping either the same distance race or a longer distance race (i.e. 500 free during the 100 free).

	Qualifying time standards at regular season meets are waived for swimmers with disability. For more info go to 'adapted' on the Ohio Swimming website.
Entry Deadline:	Entries must be received by January 17,2010. Entries can be sent on a disc or via email to clippers.swimming@clipperswim.org A paper copy along with the check and the USA Swimming Registration Form must be sent with the disc. Or if entries sent by email, a copy of entries must be sent at the same time for verification. Files should be loadable into Hytek Meet Manager using Commlink II.
Mail to:	Clippers Swimming, 301 Kenton Lands Rd, Erlanger, KY 41018 Attn: Rita Larkin
Final Results:	Clippers will publish results on our web page at www.clipperswim.org
Warm-Ups & Starting Times:	Warm ups will be divided up by teams and will be announced on our web site. Start times are on the order of events page.
Warm-up Procedures:	Warm-up procedures may, at the discretion of the host team, be modified based on number of swimmers in the meet and other safety and logistical concerns. Ohio LSC Swimming Safety Guidelines and warm-up procedures will be in effect at this meet. a. We reserve the right to assign warm-up lanes. b. The coaches of the teams assigned to a lane shall determine the warm-up procedure for that lane. c. Except during supervised racing starts, swimmers must enter the pool feet first in a cautious manner with one hand in contact with the pool deck. d. The host team may choose to divide the warm-up into two sessions depending on the size of the meet. In this case, teams will be assigned "early" and "late" warm-up sessions on different days so that no team is advantaged over another. e. Coaches shall actively supervise their swimmers throughout the warm-up session.
Officials:	Any USA Swimming official who would like to officiate, please contact Clippers via e-mail or send a note along with meet entries. Please note your certification level, if an Ohio LSC official. We will rotate officials through all eligible positions.
Questions:	Rita Larkin -Voice Mail 859-342-4000 E-Mail - mailto:clippers.swimming@clipperswim.org
Directions	Coming from Ohio through downtown Cincinnati – Take I-75 south to I-275 east and get off at the Taylor Mill Road. Turn right at the end of the exit. At the first stop light, turn right onto Old Taylor Mill Road. Go approx. 2 miles, turn right at the driveway mark for Woodland Middle School. Proceed up the drive and at the stop sign, you will see Scott High School and the entrance to your left. Coming from Ohio – Take to I-275 west and get off at the Taylor Mill Road. Turn left at the end of the exit. At the second stop light, turn right onto Old Taylor Mill Road. Go approx. 2 miles, turn right at the driveway mark for Woodland Middle School. Proceed up the drive and at the stop sign, you will see Scott High School and the entrance to your left. Coming from Northern Kentucky – Take I-75 to I-275 east and get off at the Taylor Mill Road. Turn right at the end of the exit. At the first stop light, turn right onto Old Taylor Mill Road. Go approx. 2 miles, turn right at the driveway mark for Woodland Middle School. Proceed up the drive and at the stop sign, you will see Scott High School and the entrance to your left.

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Sunday, **February 14, 2010**

Order of Events

Ohio Sanction #**OH3232**

Cut-off Times Slower than:	Girls #	Sunday Clippers' warm ups will begin at 12:10 p.m. Other team will begin at 12:30 p.m. and will be divided into 20 minute sessions. Start time TBA	Boys #	Cut-off Times Slower than:
	1	9 & Under – 200 Free Relay	2	
	3	8 & under – 100 Free Relay	4	
1:33.79	5	9 year old 100 IM - Limited to Top 30	6	1:31.19
	7	8 & U 100 IM – Limited to Top 30	8	
42.99	9	9 year old 50 Fly	10	41.99
	11	8 yr 25 Fly	12	
	13	7 year old 25 Fly	14	
	15	6 & under 25 Fly	16	
35.99	17	9 year Old 50 Free	18	35.19
	19	8 Year Old 25 Free	20	
	21	7 yr old 25 Free	22	
	23	6 & under 25 Free	24	
43.49	25	9 yr old 50 Back	26	43.69
	27	8 yr 25 Back	28	
	29	7 yr 25 Back	30	
	31	6 & under 25 Back	32	
47.79	33	9 Year Old 50 Breast	34	47.89
	35	8 yr old 25 Breast	36	
	37	7 yr old 25 Breast	38	
	39	6 & under 25 Breast	40	

**Swimmers MUST be entered in 3 individual events
to be accepted in this meet.**

This meet is not designed for the faster 9 year old.

No deck entries will be accepted.

NO Clerk of Course for 9 year olds and ALL relays.

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Mary Lou Mini Meet
February 14, 2010

Entries must be received by January 17, 2010.

USA Swimming Meet Entry Form

Meet: Mary Lou Mini Meet
Sanction # **#OH3232**

You must return this form with your entry forms.

1. The undersigned team representative certifies by his/her signature that all the athletes participating for or entered by the team in this sanctioned swim meet are currently member athletes of USA Swimming, Inc.
2. The undersigned further certifies that any person appearing on deck in this meet in the capacity of coach is currently a coach member of USA Swimming, Inc. or a USA Swimming non-athlete "other" member without exception under the direction of a USA Swimming "coach" member.

Team: _____ Code: _____

Team Representative's Name (printed): _____

Team Representative's Signature: _____

Team Contact's email address: _____
(This is where we will send updates about the meet)

Number of Coaches Attending: _____

Day Phone #(_____) _____ Evening phone # (_____) _____

Team Address _____

Did you include:

- Entry report**
 Check
 This report, completed and signed

Financial Summary

_____ Swimmers @ \$2.00 per Swimmer = \$ _____ (LSC Charge)

_____ Individual Events @ \$4.00 each = \$ _____

_____ Relay Events @ \$7.00 each = \$ _____

Total Amount Remitted = \$ _____ Date: _____

Attach Check to this Summary Sheet. Make Checks Payable to:
Northern Kentucky Clippers Swimming, Inc.
301 Kenton Lands Rd.
Erlanger, KY 41018
859-342-4000 phone 859-342-4090 fax